

Struggling with Alcohol or Substance Abuse?



Act now and you can enjoy a sober Christmas and can be rid of addiction problems for life in early 2016.

Proven 80% long term success rates with EEG Biofeedback treatment.

Research over 25 years consistently reports an 80% long term success rate with brainwave biofeedback. The program used has a database of 25,000 patient results so I can fine tune the exact protocol that is right for you.

You will notice something good within 5-8 sessions.

You just sit in a chair and listen to sounds based on your brain waves. There will be some eyes open training where you look at interesting images that are reflecting your current brain waves. The procedure is brain wave training toward relaxation and mental focus.

Your brain always generates electrical activity. This activity is read by an EEG. The computer selects brainwaves to enhance and produces sounds and images to encourage brain waves that are good for you. Deep learning occurs and your brain keeps only the patterns it naturally prefers.

The first session is 2 hours. We begin with one hour for assessment and one hour of treatment. We need to meet 2 to 3 times per week for treatment. In each session we assess your progress on up to 4 goals for your life. If it doesn't work for you after 10 sessions, I will give you a pro-rata refund.

You will also receive a CES device cleared by the FDA for anxiety, depression and insomnia. CES is highly effective to assist in withdrawal pain from chemical dependence such as heroin or nicotine.

What it isn't

- Not a 12-step program.
- You don't need to believe anything.
- You don't need to talk all about it.
- No unwanted or adverse effects reported in dozens of studies, except for an aversion to your drug of choice.
- No electricity goes into you.

**We just read what your brain naturally produces and shape it toward relaxation and focus.
A pleasant experience.**

Extra benefits

Brain wave biofeedback has lots of side benefits. Brain wave biofeedback training brings increased creativity, productivity, deeper meditation, better sleep, improved mood, and broad enhancement to brain functioning. It is the treatment of choice for PTSD and developmental trauma. (See *The Body Keeps the Score* by Bessel Van Der Kolk). We also know that people like brainwave biofeedback and stay longer in programs that use it.

Google EEG biofeedback or neurofeedback.

Cost. \$2300 for 20 sessions and the CES device. Some people may need one or two additional packages of 10 for \$1000. This is a discount from the national average of \$130 per session.

Gary Ames, Licensed Psychologist

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