



**How are you sleeping?
How about your mood,
your concentration
and your relationships?
Bad Memories can be
processed and repaired
with deep relaxation.
Brain injuries can be fixed
with brain wave training.**

**I WANT TO OFFER VETERANS
SEVERAL FREE SESSIONS**

**You can feel emotionally
calmer and more mentally focused.
You don't need to feel it to heal it.**

Insurance accepted.

**Gary Ames, Licensed Psychologist
specializing in biofeedback and
neurofeedback**

Call 610-668-3223 now.

28 Rock hill Road, Bala Cynwyd